Little Doctors in Action!

Workshop Schedule: 23 June – 6 July, Wednesdays to Fridays

Location: Level 1 Main Atrium

Workshop registration commences one hour prior to the workshop timing. Workshop passes are issued on a first-come, first-served basis, limited to the first 10 children. Recommended for children ages 4 years old and above.

Time	25 June (Wed)	26 June (Thu)	27 June (Fri)
6pm to 7pm	Conducted by City Osteopathy & Physiotherapy	Conducted by Royce Dental	
	This workshop is designed to support children's physical development through imaginative play and guided movement. Are your kids ready to move like their favourite animals? Can your little one freeze in place when the music stops? Join for a fun-filled session that encourages balance, coordination, and body awareness!	Get ready for a smile-tastic adventure! Kids become Tooth Detectives as they test drinks, tackle the Plaque Attack Challenge, and play the Food Fight Game to learn about tooth-friendly snacks. They'll also pick up superhero brushing and flossing skills to keep their smiles bright every day!	
7pm to 8pm	Conducted by Thomson Chinese Medicine		
	Let your child explore the world of Traditional Chinese Medicine in this handson, creative workshop! Kids will craft their own herbal sachets using natural ingredients while learning about the healing power of plants. Perfect for curious little hands and minds!	There are no workshops scheduled during the	se timings.

Time	2 July (Wed)	3 July (Thu)	4 July (Fri)
6pm to 7pm	Conducted by My Little Teeth Children's Dental Clinic / My Family Dental	Conducted by Cedar Girls' Secondary School	Conducted by Maris Stella High School
	Bright Smiles Start Here!		
	Kids will sort snacks in Snack Attack, learn proper brushing in Ready, Set, Brush, and explore dental tools in Tooth Fairy Tools. Discover common dental tools and their uses. Test your knowledge with a quick quiz! It's a smile-worthy adventure full of learning, laughter, and bright new habits!	Get ready to become a first aid hero! This interactive session will teach you essential life-saving skills like CPR, how to use an AED, and simple bandaging techniques. With hands-on practice, you'll gain the confidence to help in emergencies!	First Aid Fun: Be Ready, Be Brave! Kids will learn to spot choking, practice the life-saving tummy squeeze, and handle nosebleeds. With hands-on activities, demos, and colouring, this interactive session makes first aid easy and fun!
7pm to 8pm	Conducted by My Little Teeth Children's Dental Clinic / My Family Dental	Conducted by Royce Dental	Conducted by City Osteopathy & Physiotherapy
	Bright Smiles Start Here! Kids will sort snacks in Snack Attack, learn proper brushing in Ready, Set, Brush, and explore dental tools in Tooth Fairy Tools. Discover common dental tools and their uses. Test your knowledge with a quick quiz! It's a smile-worthy adventure full of learning, laughter, and bright new habits!	Get ready for a smile-tastic adventure! Kids become Tooth Detectives as they test drinks, tackle the Plaque Attack Challenge, and play the Food Fight Game to learn about tooth-friendly snacks. They'll also pick up superhero brushing and flossing skills to keep their smiles bright every day!	Are your children carrying their school bag the right way and moving with confidence every day? This workshop promotes physical wellness and healthy habits in growing children through fun, hands-on activities. Discover simple ways to support your child's physical development!

Terms & conditions apply. For more information, please visit us at L2 Information Counter.